



Durham County Government “Bee Well” Employee Wellness Program

Component One: The Wellness Clinic

Durham County has contracted with HealthStat to staff our employee Wellness Clinic on the second floor of the Public Health Building (enter using the back door that faces Main St.). Stephanie H. Turner, Family Nurse Practitioner, and her support staff, are available Monday through Friday to examine and treat employees as well as provide wellness services – all at no cost to the employee. (No co-pays!) Ms. Turner can even prescribe certain medications if necessary.

Any employee can utilize the Wellness Clinic; participation in the other Wellness Program components is not necessary.

Clinic Hours are Mondays, Wednesdays, and Fridays, 8:00 a.m. to 3:00 p.m., Tuesdays and Thursdays 7:30 a.m. to 3:00 p.m.

Component Two: The Walking Challenge

Employees are eligible to receive 30 minutes of administrative leave per workday to be used for exercising (only) by completing the Walking Challenge Enrollment Application and submitting it to HR. Though this initiative is called the Walking Challenge, employees can also use the 30 minutes at a local gym/exercise facility. Applications are found on HR's Intranet site listed under Human Resources Forms under the Other Groups blue tab. Any employee can participate in the Walking Challenge; participation in the other Wellness Program components is not necessary.

Component Three: Wellness Education Center Classes

Hour long classes on health promotion and accident/illness prevention are offered in the Wellness Education Center, also located on the second floor of the Public Health building and accessed via the back door that faces Main Street. These informational presentations are offered by external experts as well as our own Public Health Department Health Education Division. Upcoming topics can be found in the SAP Training & Event Management module. Employees must register in the module to reserve a seat. Any employee can attend these classes; participation in the other Wellness Program components is not necessary.